

Meadowlark Assisted Living  
1009 3<sup>rd</sup> Ave. N  
Great Falls, Mt 59401  
406-452-6400

## MontCare, Inc

Bluebird Assisted Living  
1101 24<sup>th</sup> Ave. SW  
Great Falls, Mt 59404  
406-453-5800

### MEDICAL HISTORY

Applicant Name: \_\_\_\_\_ Date: \_\_\_\_\_

Medical Release Authorization: \_\_\_\_\_  
(Resident/legal representative signature)

Physician Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Physician Address: \_\_\_\_\_

Dear Dr. \_\_\_\_\_,

The above named individual has hereby signed authorization for you to assist in the evaluation for placement in our assisted living residence. Please complete and return this form, releasing any pertinent documents that may be helpful in providing care at our residence.

Diagnosis: \_\_\_\_\_

Current medical problems:

Medical/Surgical history:

Dietary restrictions (therapeutic diets not available):

Can applicant monitor his/her own dietary restrictions? Yes \_\_\_ No \_\_\_

History of destructive, aggressive or violent behavior or mental illness:

Blood Press. \_\_\_\_\_ Pulse \_\_\_\_\_ Resp. \_\_\_\_\_ Temp \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Date of Immunizations: Flu \_\_\_\_\_ Pneumovax \_\_\_\_\_ Tetanus \_\_\_\_\_

Date of last PPD \_\_\_\_\_ Results: \_\_\_\_\_

Date of last chest X-ray: \_\_\_\_\_ Results: \_\_\_\_\_

Does applicant presently suffer from any communicable disease? Yes \_\_\_ No \_\_\_

If yes, please describe: \_\_\_\_\_

Current Medications and Treatments:

Drug: Dose: Directions:

PRN Medications:

Which medications would you like to be notified of if refused? \_\_\_\_\_

Allergies: \_\_\_\_\_

Does applicant have any of the following conditions? If so, please describe below:

- Incontinence Yes \_\_\_ No \_\_\_
- Ambulating Problems Yes \_\_\_ No \_\_\_
- Sensory Deficits Yes \_\_\_ No \_\_\_
- Colostomy Care Yes \_\_\_ No \_\_\_
- Foley Care Yes \_\_\_ No \_\_\_
- Recent Falls Yes \_\_\_ No \_\_\_
- Oxygen Yes \_\_\_ No \_\_\_ Flow rate: \_\_\_\_\_
- Assistive Devices: Yes \_\_\_ No \_\_\_

Other Concerns: \_\_\_\_\_

\_\_\_\_ I authorize the ALR staff to possess and supervise the administration of medications for this applicant according to the prescribed directions included here. These medications have been reviewed and approved.

\_\_\_\_ This resident may self-administer all medications

To the best of your knowledge, could this individual function in assisted living without the benefit of skilled services on a regular basis? Yes \_\_\_ No \_\_\_

Dr. \_\_\_\_\_ Signature \_\_\_\_\_ Date: \_\_\_\_\_

Please call if you have questions.  
Sincerely, \_\_\_\_\_

**HIPAA PERMITS DISCLOSURE OF POLST TO OTHER HEALTH CARE PROVIDERS AS NECESSARY**

**Montana Provider Orders For Life-Sustaining Treatment (POLST)**

THIS FORM MUST BE SIGNED BY A PHYSICIAN, PA or APRN IN SECTION E TO BE VALID

Patient's Last Name: \_\_\_\_\_

**If any section is NOT COMPLETE:**

Patient's First Name: \_\_\_\_\_

**Provide the most treatment included in that section**

Date of Birth: \_\_\_\_\_

**EMS:** If questions/concerns, contact Medical Control.

Male  Female

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| <p><b>Section A</b></p> <p>Select only one box</p> | <p><b>Cardiopulmonary Resuscitation:</b> If patient does not have a pulse and/or is not breathing:</p> <p><input type="checkbox"/> <b>Resuscitate (Full Code)</b>                      <input type="checkbox"/> <b>Do Not Resuscitate (No Code)</b><br/>                 (Allow Natural Death)(Comfort One)<br/>                 Patient does not want any heroic or Life-saving measures.</p> <p>If patient is not in cardiopulmonary arrest, follow orders found in section B and C</p> |
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| <p><b>Section B</b></p> <p>Select only one box</p> | <p><b>Medical Interventions:</b> If patient has a pulse and/or is breathing:</p> <p><input type="checkbox"/> <b>Comfort Measures:</b> Please treat patient with dignity and respect. Reasonable measures are to be made to offer food and fluids by mouth and attention must be paid to hygiene. Medication, positioning, wound care, and other measures shall be used to relieve pain and discomfort. Use oxygen, suction and manual treatment of airway obstruction as needed for comfort. <b>EMS:</b> Patient prefers no transfer to hospital for life-sustaining treatment. Transfer if comfort needs cannot be met in current location.</p> <p><input type="checkbox"/> <b>Limited Additional Interventions:</b> In addition to the care described above, cardiac monitoring and oral/IV medications may be provided. <b>EMS:</b> Transfer to hospital if indicated, do not perform intubation or advanced airway interventions. <b>Hospital:</b> Do not admit to Intensive Care.</p> <p><input type="checkbox"/> <b>Full Treatment:</b> In addition to the care described above, endotracheal intubation, advanced airway interventions, mechanical ventilation, defibrillation and cardioversion may be provided. <b>Hospital:</b> Admit to Intensive Care if indicated.</p> <p><b>Other Instructions:</b> _____</p> |
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| <p><b>Section C</b></p> <p>May select more than one</p> | <p><b>Artificial Fluids and Nutrition:</b></p> <p><input type="checkbox"/> Feeding tube                      <input type="checkbox"/> No Feeding tube<br/> <input type="checkbox"/> IV fluid                              <input type="checkbox"/> No IV fluid</p> <p>Other Instructions: _____</p> | <p><b>Antibiotics and Blood Products:</b></p> <p><input type="checkbox"/> Antibiotics                              <input type="checkbox"/> No Antibiotics<br/> <input type="checkbox"/> Blood Products                      <input type="checkbox"/> No Blood Products</p> <p>Other Instructions: _____</p> |
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| <p><b>Section D</b></p> | <p><b>Advance Directives:</b> The following documents also exist:</p> <p><input type="checkbox"/> Living Will                      <input type="checkbox"/> Other _____</p> <p>_____</p> |
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| <p><b>Section E</b></p> | <p><b>Patient or Surrogate Signature:</b> _____ <b>Date:</b> _____<br/>                 (by signing the POLST, I agree that this POLST supersedes my living will, if the two conflict)</p> <p><b>Print Patient or Surrogate (person with authority under 50-9-106, MCA)</b></p> <p>Name: _____ Relationship: _____</p> <p><b>Physician/APRN/PA (in consultation with supervising physician) Signature:</b> _____ <b>Date:</b> _____</p> <p><b>Print Physician/APRN/PA Name :</b> _____ <b>MT License Number:</b> _____</p> <p>Contact Phone Number: _____ <b>Discussed with:</b> <input type="checkbox"/> Patient <input type="checkbox"/> Spouse <input type="checkbox"/> Other _____</p> <p><b>The basis for these orders is:</b> <input type="checkbox"/> Patient's request <input type="checkbox"/> Patient's known preference _____</p> |
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**FORM SHALL ACCOMPANY PATIENT WHENEVER TRANSFERRED OR DISCHARGED**  
 Use of original form is strongly encouraged. Photocopy, fax or electronic copies of signed POLST forms are legal and valid